

Volunteer Position Description

- Organization:** Capability Support Services
- Contact Information:** Contact Jennifer Stanley 289-309-8477 x 979
or email jstanley@thrivegroup.ca
- Volunteer Position:** Volunteering Opportunities
- Type of Position (In-person, hybrid, virtual/remote):** In-person

Volunteer Position Description:

Capability Support Services is a non-profit charity that has been serving seniors and adults with physical disabilities for more than 40 years. Our three unique locations are currently seeking volunteer support :

Carey House

1401 Ontario Street, Burlington ON

– See our video to learn more about this location – <https://youtu.be/IrrMpw3UqM>

Helen Homes

107 Appleblossom Dr. Hamilton

MapleGrove Place

657B Lock St. W. Dunnville

Volunteers are needed in a variety of roles

- spiritual services & visits
- recreation programming support
- music therapy / programming
- exercise & fitness programming
- friendly visiting

Schedules typically require 2-4 hrs. each week, we work to be flexible and shifts are available weekdays, evenings and weekends.

If you have a skill or a talent, you'd like to share with us – please contact us! New roles are always being developed and considered to support our clients.

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This position has been posted on the Flamborough Volunteers page of Flamborough Connects
Date Posted: March 31, 2023